

Gemma Jacks home based activities for 12 month old children

My name is Gemma Jack!



Water bottle music shakers

Empty a water bottle and then fill it with popcorn, rocks, rice or other items. Tape the cap on to ensure it is safe to use. Then shake away!



Water play/painting

Paint on some coloured paper or patio/concrete in the garden with water and a paintbrush. Use kitchen utensils, such as cups, bowls, or a spoon to create a water play activity

Treasure basket

Treasure baskets are filled with everyday items made from natural materials, such as a paintbrush, metal spoon, rolling pins, fir cones and feathers, but it could be anything from your home. A simple treasure basket gives babies an opportunity to explore, experiment and make choices at their own pace.



Let your child play with the pots and pans!

Get your pots and pans out and give baby a wooden spoon! Listen to the sound of happiness!

Hand and foot print keepsakes

You'll need a paintbrush, some paint and some paper. Paint baby's hand and print! Allow baby to paint freely too



Talk with me....Play with me.....Sing with me...
Read with me.....Then I'll know what it's all about