

### Individual Intimate Care Plan

Date of plan: \_\_\_\_\_

Pupil's name: \_\_\_\_\_

Year Group: \_\_\_\_\_

	<u>Details</u>
<p><b><u>Arrangements for nappy/pad changing/toileting:</u></b></p> <p><i>e.g. where, when, arrangements for privacy.</i></p>	
<p><b><u>Staffing requirements:</u></b></p> <p><i>e.g. how many, who, when.</i></p>	
<p><b><u>Method for changing/using toilet</u></b></p> <p><i>e.g. standing up (holding on to what?), laying down on a mat (short term measure online), laying down on a changing bed, what support is required.</i></p>	
<p><b><u>Equipment</u></b></p> <p><i>e.g. what equipment is required?</i></p>	
<p><b><u>Level of assistance needed:</u></b></p> <p><i>e.g. undressing, dressing, hand washing, washing, drying, application of cream, talking/signing to child/young person.</i></p>	
<p><b><u>Working towards independence/:</u></b></p> <p><i>e.g. what can the learner do themselves? What is the learners' current independence target?</i></p> <p><i>How can staff encourage independence for the learner? How will the learner be encouraged to participate in the procedure?</i></p>	
<p><b><u>Infection control:</u></b></p> <p><i>e.g. wearing disposable gloves, aprons, arrangements for nappy/pad disposal.</i></p>	
<p><b><u>Resources needed from parents:</u></b></p>	

<p><i>e.g. wipes, cream, nappies/pull ups/pads, disposable sacks, change of clothes etc.</i></p>	
<p><b><u>Resources provided by the school:</u></b></p> <p><i>e.g. antibacterial spray, disposable hygiene roll, bio-hazard bin liners, step, paper towel, hand wash,</i></p>	
<p><b><u>Disposal arrangements</u></b></p> <p><i>e.g. where to staff place used nappies, PPE, etc. immediately after use and at the end of the day.</i></p>	
<p><b><u>Communication</u></b></p> <p><i>e.g. can the learner communicate that they need support with intimate care? How? What signs do staff need to look out for?</i></p> <p><i>How will staff communicate with the learner that it is time to go to the toilet/changing room? Any code words to use/words to avoid?</i></p>	
<p><b><u>How often?</u></b></p> <p><i>e.g. how often in the morning/afternoon/timed intervals/agree the limited amount of times to support with intimate care per day.</i></p>	
<p><b><u>Procedure for wet/soiled clothing:</u></b></p> <p><i>e.g. where do staff place wet/soiled clothing.</i></p>	
<p><b><u>Method of recording when intimate care is carried out:</u></b></p> <p><i>e.g. where will information be recorded/shared when required.</i></p>	
<p><b><u>Sharing Information:</u></b></p> <p><i>e.g. how will staff inform parents if child/young person has a nappy rash or any marks etc.</i></p>	
<p><b><u>Encouragement/Reassurance:</u></b></p> <p><i>e.g. how will staff positively encourage/reassure learners whilst meeting their intimate care needs/ any rewards used?</i></p> <p><i>What the member of staff will do if the child is unduly distressed?</i></p>	
<p><b><u>Consideration for off site visits:</u></b></p>	

<p><b><u>Procedure to report any marks/injuries:</u></b></p> <p><i>What the member of staff will do if marks or injuries are noticed?</i></p>	
<p><b>Any other comments/ important information:</b></p> <p><i>e.g. medical information, learners own views/preferences/specific names for body parts.</i></p>	
<p>Parent/ Carer(s) Name</p>	
<p>Parent/ Carer(s) Signature</p>	
<p>Staff who will complete intimate care Name(s)</p>	
<p>Staff Signature(s)</p>	
<p>Review Date</p>	