

Play, Learn & Grow Together



Llangyfelach Primary School
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Happy Healthy Helpers meeting: 17.01.23

Agenda:

- Action plan- Silver Rights Respecting
- Rights Respecting workshop

Minutes:

- Shared action plan for silver award- we went through each point to discuss how we would rate ourselves. To continue to RAG rate in next meeting and gather evidence.
- Miss Richards is coming in to hold a workshop on the Rights of the Child- to share action plan once completed.
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Attended: Mrs Gaffney-Jones and Happy Healthy Helpers

Action Plan for future meetings:

- Look at materials/ resources to use for Turn Your Frown Upside Down- using the fitness cards, mindfulness painting, mindfulness exercises, write a thank you card, sand tray, cosmic yoga, write down our worries and feed to monster, what makes you happy, what makes you sad.
- Arrange meeting with Fitness Fanatics to discuss Fitness Challenge cards
- Silver rights respecting- rights of the child
- New curriculum- ensure coverage of H & W
- Discussion around new curriculum and what the action plan is for our PVG- ensure coverage
- Discussion around resources for TYFUD- could it take place outside when weather is better?

